

# NORDIC CHAMPIONSHIP PARA ATHLETICS 2024



We are very glad to welcome you all back to Sweden and Bollnäs for the Nordic Championship Para Athletics 2024.

Sweden, Norway, Finland, Denmark, Iceland and The Faroe Islands will settle for the Nordic medals at Sävstaås IP in August 10-11 2024.

Bollnäs is located in beautiful Hälsingland county and is a stronghold for Swedish para-athletics, where a strong tradition around athletics has been built up for a long time.

The local organizer, Bollnäs FIK (<https://www.bollnasfik.com/>), is an athletics club with about 300 members. The club have Höghammarshallen and Sävstaås IP as training and competition arenas.

## Travelling to Bollnäs

Bollnäs is located 2–2,5 hours by car or trainride from Arlanda airport, which has plenty of flight connections to all Nordic capital cities. From Arlanda to Bollnäs there are two options, [car rental](#) or [train](#). The cheapest and fastest way to travel is by train, but it is of course determined by the teamsize, luggage and availability.

The competition arena, Sävstaås IP is located at [Frelugavägen 10, Bollnäs](#).

## Accommodation and meals

All participants will stay at [Scandic Hotell - Bollnäs](#). Breakfast, lunch and dinner will be served at the hotel. Please inform the local organizer if you have any specialdietary requirements.

Hotel rooms are booked at the same time as final registration, via local organizer Bollnäs FIK.

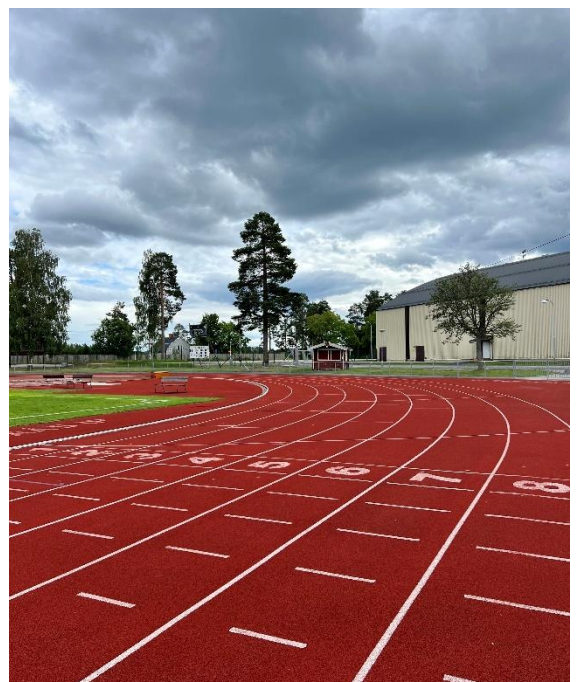
## Costs

3.000 SEK per team member, which includes:

- Two nights, 9-11 August in double or triple rooms (single room will add 1.000 SEK to the cost)
- 2 x dinner — Friday & Saturday
- 2 x breakfast — Saturday & Sunday
- 2 x lunch — Saturday & Sunday

Extra night for 1.000 SEK per person and night.

(+500 SEK för singleroom) only breakfast included.



### Transportation

During the competition, there will be scheduled bustransportation from and to Sävstaås IP. Travelling distance between the hotel and the arena is approximately 4 km or 7 minutes. Timetable will be provided later.

### Departure to Arlanda airport

The competition ends at 14.00 on Sunday to allow all participants a smooth transportation home. Buses will be arranged for transportation to Bollnäs trainstation on Sunday, directly from the competition arena or the hotel.

### Competition registration

Athletes registration and booking of hotel rooms is done through the local organizer. Each nation must fill in the attached excel file with contact information, participants and how many rooms you need.

The Excel file will be sent to [Magnus Olsson](#) no later than July 1 when registration closes.

We would like a preliminary registration for the hotel no later than May 31.

The total cost will be invoiced to each nation after the competition.

### DATES TO REMEMBER

#### May 31

Preliminary registrations for hotel rooms

#### July 1

Final registration

#### August 9

Technical meeting

#### August 10

Competitions starts at 10.00

Team building 6N1T in the evening.

#### August 11

Competitions ends at 14.00



### Contacts

Swedish Athletics

Magnus Olsson

+46(0)73274214

[magnus.olsson@friidrott.se](mailto:magnus.olsson@friidrott.se)



SWEDISH ATHLETICS

Bollnäs FIK

Malou Sköld

+46(0)706611133

[bollnasfriidrott@gmail.com](mailto:bollnasfriidrott@gmail.com)

**BOLLNÄS**  
*Friidrott*



<b>CLASS</b>	<b>EVENT</b>
M/W 11	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump (zon), Discus, Shot Put, Javelin
M/W 12	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump (zon), Discus, Shot Put, Javelin
M/W 13	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 20	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 35	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 36	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 37	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 38	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 42	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 43	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 44	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 45	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 46	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 47	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W 51	100m, 200m, 400m
M/W 52	100m, 200m, 400m
M/W 53	100m, 200m, 400m
M/W 54	100m, 200m, 400m
M/W 55	Discus, Shot Put, Javelin
M/W 56	Discus, Shot Put, Javelin
M/W 57	Discus, Shot Put, Javelin
M/W 58	Discus, Shot Put, Javelin
M/W 64	100m, 200m, 400m, 800m, 1500m, 5000m, Longjump, Discus, Shot Put, Javelin
M/W FR1	100m, 200m, 400m
M/W FR2-3	100m, 200m, 400m
RELAY	4x100m Mix

In events with less than 3 athletes we will use RAZA-points to select the medalists.  
 This will not apply to M/W 20, M/W FR1 and M/W FR2-3.  
 We will use the World Para Athletics Raza Point Scores 2023.